

SUN MON TUE WED THU FRI SAT

JAN 2025



**Kind Reminder...  
when school is cancelled  
NHWW activities are too!**



**Mocktail Drop In**  
1:30-3:00pm

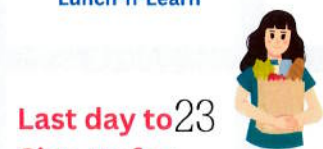


Sign up for a Community Food Smart Bag by Jan. 7th

**Lunch & Learn**

Last Day to Sign Up for this!

**Beat the Winter Blues**  
Lunch-n-Learn



Last day to Sign up for Errand Trip

Must Sign Up by End of Day for Grocery Run!



**GROCERY RUN TO WOODSTOCK**  
MUST SIGN UP



**NEW CALENDAR AVAILABLE!**



**OFFICE OPEN FROM 8AM TO 4PM DAILY**

**CONTACT INFORMATION:**  
(506)278-3197

**EMAIL:**  
RVMNHWW@NB.AIBN.COM  
LIKE US ON FACEBOOK AT NURSING HOME WITHOUT WALLS RIVER VIEW MANOR  
WEBSITE: RIVERVIEWMANOR.CA

**Legend:**

**BSC** - Beechwood Senior Complex  
**RVM** - River View Manor Senior Comple  
**CBC** - Centreville Baptist Church  
**SP** - Shiktewawk Place



**Exercises**  
1:00 BSC  
2:00 RVM



**Exercises**  
1:00 BSC  
2:00 RVM



**Unbook Group**  
2-3  
A & L McCain Library



**Foot Care Clinic**



**Exercises**  
10:00 SP  
11:00 CBC



**Exercises**  
10:00 SP  
11:00 CBC



**Blood Pressure Clinic**  
8:30-10am

**Exercises**  
10:00 SP  
11:00 CBC



**Exercises**  
10:00 SP  
11:00 CBC  
Errand Trip for Juniper/Glassville



**Exercises**  
1:00 BSC  
2:00 RVM



**Exercises**  
1:00 BSC  
2:00 RVM



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Happy New Year

Sorry! we are closed



Lunch & Learn



6 DAYS TO GO

