

Nursing Home Without Walls is helping older persons live at home for longer!

Nursing Home Without Walls & The River View Manor Wish Everyone A Happy Labor Day!

Memory Café – A new program sponsored by the Alzheimer Society and NHWW

'Alzheimer's disease and other dementias can be very isolating for both those who are diagnosed and their family members. With this in mind, the purpose of the

Memory Café is to combine aspects of education, entertainment, and socialization within a safe and inclusive environment.'

NHWW, in partnership with the Alzheimer Society of New Brunswick, is wanting to 'create a community of support.'

We are offering this FREE program to those who are 'impacted by memory loss, no matter the diagnoses or stage of progression.' Anyone, of any age, formal and informal caregivers, and the general public are welcome to attend.

Memory Cafés are meant to create an environment that is less stigmatizing. Families and those who are diagnosed with memory loss, feel less isolated, accepted and as a result of the shared experience, build rewarding connections, confidence and resiliency.

NHWW is excited to offer this program to people in our service area. Memory Cafés will be hosted the first Thursday of each month from 2 to 4pm at the Florenceville-Bristol Community Hall, 8696 Main St.



MEMORY CAFÉ
The Memory Café is a free program for people living with all stages of dementia and their families to meet others, learn, and have fun!

🕒 1st Thursday of the month
2:00 pm - 4:00 pm

📍 Florenceville-Bristol
Community Hall
8696 Main Street

Join us September 4th for:

- A craft making personalized name tags
- Musical entertainment
- Refreshments



ALL ARE WELCOME TO JOIN THIS FREE PROGRAM

FOR MORE INFORMATION:

✉ info@alzheimernb.ca
☎ 506-459-4280 | 1-800-664-8411
🌐 www.alzheimer.ca/nb




This program is offered by the Alzheimer Society in partnership with Nursing Homes Without Walls

Education Segment: The roots of Labour Day

<https://thediscoverblog.com/2024/08/29/the-roots-of-labour-day/>

“Labour Day first became a national holiday 131 years ago in 1894. In April of that year, labour leaders met with Prime Minister Sir John Sparrow David Thompson. They made a number of demands; he agreed to only one, saying that he would work towards establishing Labour Day. By summer, legislation was enacted to make the first Monday of September a statutory holiday.”

‘By choosing early September, the Canadian government chose a date for a national holiday that would bridge the gap between July 1 (now Canada Day) and Thanksgiving, fit into the rhythm of the seasons (when summer turns to autumn) and avoid any associations with the overtly political May Day.’

‘A national day celebrating labour was not a new idea in 1894. The holiday had been recommended five years earlier in the final report (1889) of the Royal Commission on Relations of Labor and Capital in Canada.’

The Commission’s recommendations were not implemented. However, the report still represents a significant document in Canadian labour history. It included testimonies from workers and their family members discussing the unsafe working conditions, long work hours, low wages, workplace fines, discipline, child labour and other problems. Factories in 19th century Canada were, as Jason Russell describes, “dark spaces with machinery that lacked guards to protect the workers operating them. The factories were places of boilers, steam engines and open flywheels and achieving even a 10-hour workday was a major objective for craft unions.”

‘Before Labour Day was proclaimed, local labour day celebrations had been, as Craig Heron and Steven Penfold write, “an established event on the local holiday calendar in several cities and towns.” Miners in Nova Scotia organized what appears to have been the first local labour holiday in 1880, followed by Toronto in 1882 and then by Hamilton and Oshawa (1883), Montreal (1886), St. Catharines (1887), Halifax (1888), Ottawa and Vancouver (1890) and London (1892).’

‘The message for this labor movement was made clear, support for workers. In 1966, Canadian Labour Congress (CLC) president Claude Jodoin captured this in words that still resonate in the 21st century, “Trade unions have devoted a major part of their efforts to obtaining for workers the right to leisure and relaxed enjoyment of the fruits of their labour.” Labour Day, a holiday enjoyed today by millions of Canadians, is one of the results of those efforts.’





River View Manor News

Our manor has lots of activities and various organizations that love to come visit, sing and speak to our residents. The public is always welcome to join us for any of these. Here are a few dates that we are excited to share with you. We hope to see you soon!

Church Services	Special Music
Sept. 2nd – Catholic Mass – 1030am	Sept. 6th, 13th & 27th – Maggie/Singing - 2:00pm
Sept. 4th – Holmesville Church – 2:00pm	Sept. 12th & 26th – Singing with Dwight - 6:00pm
Sept. 7th – Bath Baptist Church – 2:00pm	Sept. 20th – Rachelle & Family - 3:00pm
Sept. 28th – Beechwood Baptist – 2:00pm	Sept. 25th – Mennonite Choir - 7:00pm

The Residents of River view Manor escaped to Hawaii for an afternoon that included cocktails, a piñata, a photo booth, and an axe throwing competition. Fun was had by all the residents and staff. We are looking forward to future theme days!



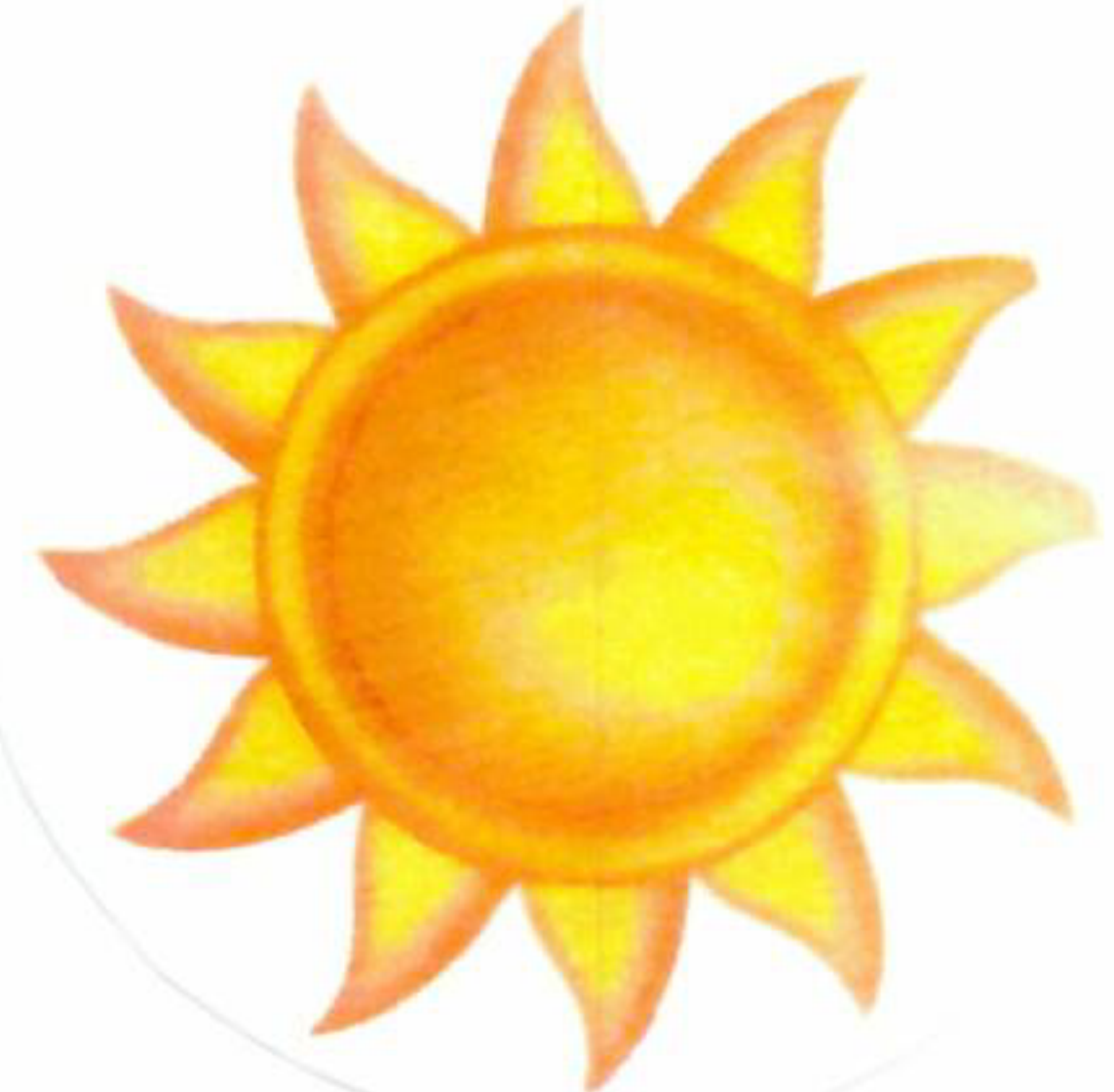
Answers to Last Month's Fun Activities and Riddles

All Games provided by: <https://activityconnections.com>

Begins and Ends with the Same Letter

(solution)

1. YESTERDAYD
2. MICROCOSM
3. KIOSK
4. RESERVOIRR
5. BULB
6. ENUMERATEE
7. THERMOSTATT
8. HABERDASHH
9. LETHALL
10. SEBACEOUSS



FUN WITH MATH CROSSWORDS

Fill in the answers of each crossword puzzle so that the equations are true.

3	+	12	=	15	14	2	12	5			
		-			-	+	-	+			
7	+	6	=	13	3	16	-	5	=	11	
-		=			=	-	=	=			
4		6	+	8	-	14	=	3	7	16	
+				-		=					
11		4	+	3	=	7	15	-	4	=	11
=		+		=			+		+		
14		12		5	+	12	=	17	3	8	
		=		-			+		=		
20	-	16	=	4	6	+	8	=	14	19	
					=		=				
					8	-	7	+	6	=	7
									21		

Word Games & Other All Games

All Games provided by: <https://www.creativecenter.brother/en-us/home/home-category/learning-activities/worksheets/math-crosswords>

Sudoku Puzzle

In the mood to challenge your brain? Sudoku puzzles aren't easy, but with a little practice and some helpful sudoku tips, you're sure to become an expert. Get a pencil ready. Sudoku puzzles are solved with logic and don't require you to have any math skills (well, besides being able to count to 9). All of the sudoku puzzles are 9x9 grids. To solve them you have to fill in the empty cells. Each column, row, and region must contain the numbers 1 to 9 exactly once. Good Luck!

	8	7	3		4			
	3		5				4	
								7
					2	4	5	
	9	6		1		8	3	
	2	5	8					
8								
	5				7		1	
			2		1	7	6	

R A V E O N I A R T Y R E T S Y M L I
 D Y T S I M H O N K Y T O N K L E O L
 O G N A J D A N I H C R A E S T N N E
 N V L O N E L Y T E A R D R O P S L Y
 N B E E Y R M M B T L S Q H G E H Y E
 A L T F O A O D A E M B K E J U O Y L
 S U O T I V D K N R L A M A I I U O D
 N E O N E N E Y A E E L I U T Z T U D
 O B Y I G F K Y R R S L E T R M U K I
 T E T A I T Z E B E H U U N E A A S D
 N R T V K A A T H O V R O U E N S H O
 E R E E R E R L U T F E S Y S N I O B
 E Y E C Q A T S L I K Y F A O I L U A
 T H F D E U E Y T S G C S T D S A N B
 X I H H H R I T Y G A C A I E H N D M
 I L S W O O U L E A I L O M E B O D A
 S L R C L T T P A T K D L A P O M O B
 L I K E V O L E Y B E Y B Y S Y V G A
 R I P I T U P E N I G H T T R A I N L

BLUEBERRY HILL,
 BO DIDDLEY, BYE BYE LOVE, CRAZY ARMS, DJANGO
 DONNA, EVERYDAY, FEVER, HEARTBREAK HOTEL
 HONKY TONK, HOUND DOG, JAILHOUSE ROCK, KANSAS CITY
 LA BAMBA, LONELY TEARDROPS, LONG TALL SALLY, MACK THE KNIFE
 MANNISH BOY, MAYBELLENE, MISTY, MONA LISA
 MOVE IT, MYSTERY TRAIN, NIGHT TRAIN, ONLY YOU
 PEGGY SUE, RAVE ON, RED HOT, RIP IT UP, RUMBLE
 SHOUT, SIXTEEN TONS, SPEEDO, SUZIE Q, TAKE FIVE, TEQUILA
 TUTTI FRUTTI, YAKETY YAK, YOU SEND ME



Highway Holiday - Destination: Downtown Fredericton

For August, our NHWW Highway Holiday took our adventurers to tour in Downtown Fredericton for the day. While in our provincial capital, we received a top- notch tour of the NB Legislature building, thanks to our guide Zac. We learned many interesting facts about the politics and history of our province.

In the company of Carleton Victoria MLA, Margaret Johnson, our group was invited on to the legislature floor and into the legislative library, both of which are usually not included in tours for the public. Margaret also took time to answer questions and share with us additional learning about current day government procedures. Much appreciation to Margaret for taking time from her busy schedule.

We ate lunch outside on the green, as we enjoyed a live performance by Fredericton's Calithumpians, visited the historic Christ Church Cathedral, and rounded off the day with delectable desserts from a choice of downtown restaurants, before the bus ride home. Many thanks, as always, to our volunteer bus driver, Mary White for her excellent navigation of one-way streets, plus peak summer construction.

It was a terrific, touristy trip!

